



St. Michael & All Angels - Church of England 2 March, 2025 - Sunday Next before Lent

Said Eucharists – Sunday, 8.30a.m., and Ash Wednesday, 10.30 and 7p.m.

Sung Eucharist – Sunday, 10a.m.

Morning Prayer in the Lady Chapel –Ash Wednesday, 9.00a.m. There will be no morning prayer or Eucharist on Tuesday, 4 March.

The 10a.m. service will be streamed live, and then be available on St. Michael's YouTube Channel, https://www.youtube.com/@stmichaelandallangels/streams

Hymns for 10a.m.

Hymnody 8 Christ upon the mountain peak

Hymnody 6 God is love (vv1&2 before gospel, 3 after)

Hymnody 4 We are your people

Hymnody 3 There's a spirit in the air

Readers

Barbara Gibson Jenny Baker

Collect Alternative Collect

Almighty Father, whose Son was revealed in majesty before he suffered death upon the cross: give us grace to perceive his glory, that we may be strengthened to suffer with him and be changed into his likeness, from glory to glory; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Holy God, you know the disorder of our sinful lives: set straight our crooked hearts, and bend our wills to love your goodness and your glory in Jesus Christ our Lord. **Amen.**

Exodus 34.29-end

A reading from the book of Exodus.

Moses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shone because he had been talking with God. When Aaron and all the Israelites saw Moses, the skin of his face was shining, and they were afraid to come near him. But Moses called to them; and Aaron and all the leaders of the congregation returned to him, and Moses spoke with them. Afterwards all the Israelites came near, and he gave them in commandment all that the LORD had spoken with him on Mount Sinai. When Moses had finished speaking with them, he put a veil on his face; but whenever Moses went in before the LORD to speak with him, he would take the veil off, until he came out; and when he came out, and told the Israelites what he had been commanded, the Israelites would see the face of Moses, that the skin of his face was shining; and Moses would put the veil on his face again, until he went in to speak with him.

For the word of the Lord: Thanks be to God.

Psalm 99 Response: The Lord our God is holy.

The Lord is king: let the peoples tremble; he is enthroned above the cherubim: let the earth shake.

The Lord is great in Zion and high above all peoples.

Let them praise your name, which is great and awesome; the Lord our God is holy.

Response

Mighty king, who loves justice, you have established equity;

you have executed justice and righteousness in Jacob.

Exalt the Lord our God; bow down before his footstool, for he is holy.

Response

Moses and Aaron among his priests and Samuel among those who call upon his name;

they called upon the Lord and he answered them.

He spoke to them out of the pillar of cloud; they kept his testimonies and the law that he gave them.

Response

You answered them, 0 Lord our God;

you were a God who forgave them and pardoned them for their offences.

Exalt the Lord our God and worship him upon his holy hill, for the Lord our God is holy.

2 Corinthians 3.12-4.2

A reading from the second letter of Paul to the Corinthians.

Since we have such a hope, we act with great boldness, not like Moses, who put a veil over his face to keep the people of Israel from gazing at the end of the glory that was being set aside. But their minds were hardened. Indeed, to this very day, when they hear the reading of the old covenant, that same veil is still there, since only in Christ is it set aside. Indeed, to this very day whenever Moses is read, a veil lies over their minds; but when one turns to the Lord, the veil is removed. Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one degree of glory to another; for this comes from the Lord, the Spirit. Therefore, since it is by God's mercy that we are engaged in this ministry, we do not lose heart. We have renounced the shameful things that one hides; we refuse to practise cunning or to falsify God's word; but by the open statement of the truth we commend ourselves to the conscience of everyone in the sight of God.

For the word of the Lord: **Thanks be to God.**

Luke 9.28-36

Hear the gospel of our Lord Jesus Christ according to Luke: Glory to you, O Lord.

Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, 'Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah.' Peter did not know what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, 'This is my Son, my Chosen; listen to him!' When the voice had spoken, Jesus was found alone. And the disciples kept silent and in those days told no one any of the things they had seen.

This is the Gospel of the Lord: Praise to you, O Christ.

Post Communion Prayer

Holy God, we see your glory in the face of Jesus Christ: may we who are partakers at his table reflect his life in word and deed, that all the world may know his power to change and save. This we ask through Jesus Christ our Lord. **Amen.**

Collect Alternative Collect

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

Holy God, our lives are laid open before you: rescue us from the chaos of sin and through the death of your Son bring us healing and make us whole in Jesus Christ our Lord. Amen.

Joel 2.1–2, 12–17

A reading from the book of the prophet Joel.

Blow the trumpet in Zion; sound the alarm on my holy mountain! Let all the inhabitants of the land tremble, for the day of the LORD is coming, it is near – a day of darkness and gloom, a day of clouds and thick darkness! Like blackness spread upon the mountains a great and powerful army comes; their like has never been from of old, nor will be again after them in ages to come. Yet even now, says the LORD, return to me with all your heart, with fasting, with weeping, and with mourning; rend your hearts and not your clothing. Return to the LORD, your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love, and relents from punishing. Who knows whether he will not turn and relent, and leave a blessing behind him, a grainoffering and a drink-offering for the LORD, your God? Blow the trumpet in Zion; sanctify a fast; call a solemn assembly; gather the people. Sanctify the congregation; assemble the aged; gather the children, even infants at the breast. Let the bridegroom leave his room, and the bride her canopy. Between the vestibule and the altar let the priests, the ministers of the LORD, weep. Let them say, 'Spare your people, O LORD, and do not make your heritage a mockery, a byword among the nations. Why should it be said among the peoples, "Where is their God?"

Psalm 51.1-18 Response: Have mercy on me, O God.

Have mercy on me, O God, in your great goodness;

according to the abundance of your compassion blot out my offences.

Wash me thoroughly from my wickedness and cleanse me from my sin.

For I acknowledge my faults and my sin is ever before me.

Against you only have I sinned and done what is evil in your sight,

Response

So that you are justified in your sentence and righteous in your judgement.

Response

I have been wicked even from my birth, a sinner when my mother conceived me.

Behold, you desire truth deep within me and shall make me understand wisdom in the depths of my heart.

Purge me with hyssop and I shall be clean; wash me and I shall be whiter than snow.

Response

Make me hear of joy and gladness, that the bones you have broken may rejoice.

Turn your face from my sins and blot out all my misdeeds.

Make me a clean heart, O God, and renew a right spirit within me.

Response

Cast me not away from your presence and take not your holy spirit from me.

Give me again the joy of your salvation and sustain me with your gracious spirit;

Then shall I teach your ways to the wicked and sinners shall return to you.

Response

Deliver me from my guilt, O God, the God of my salvation, and my tongue shall sing of your righteousness.

Response

O Lord, open my lips and my mouth shall proclaim your praise.

Response

For you desire no sacrifice, else I would give it; you take no delight in burnt offerings.

The sacrifice of God is a broken spirit; a broken and contrite heart, O God, you will not despise. Response

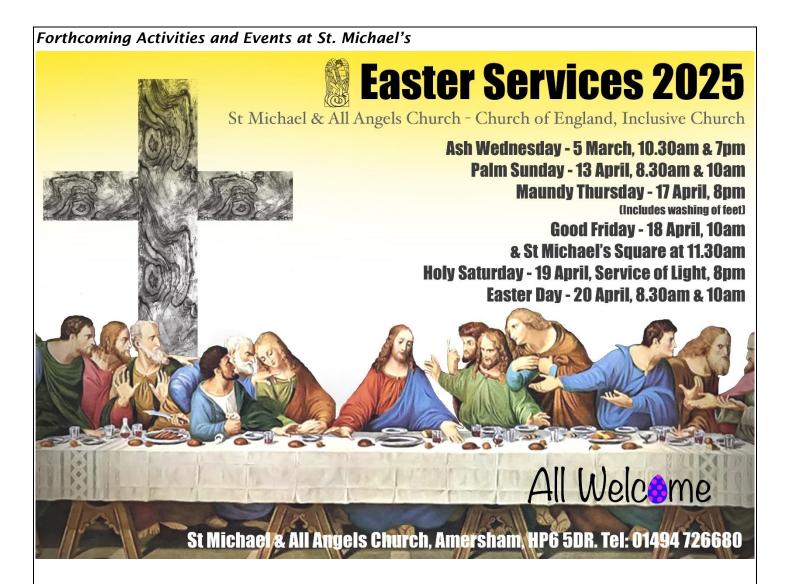
Matthew 6.1-6, 16-21

Hear the gospel of our Lord Jesus Christ according to Matthew: Glory to you, O Lord.

Jesus said to the disciples, 'Beware of practising your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you. And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you. Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.' This is the Gospel of the Lord: Praise to you, O Christ.

Post Communion Prayer

Almighty God, you have given your only Son to be for us both a sacrifice for sin and also an example of godly life: give us grace that we may always most thankfully receive these his inestimable gifts, and also daily endeavour to follow the blessed steps of his most holy life; through Jesus Christ our Lord. **Amen.**



****2025 ELECTORAL ROLL REVIEW****

The big 6 yearly review of the Roll is happening! Everyone currently on the Roll must reapply in order to be included! Emails with links to the new form will be sent out to everyone on the current Roll, and forms will be sent to those not on e-mail and available to those who would prefer to apply offline.

NOT ON THE ROLL BUT WOULD LIKE TO ENROL? Please speak to myself or Rachel via the Church Office (email: office@stmichaelsamersham.org.uk or Tel: 01494 726680) with your contact details, and we will get a form to you.

Chris Leslie Electoral Roll Officer

LENT COURSE – Wednesday, 12, 19 & 26 March – 7P.M. – On Zoom

This year Lent will run from Ash Wednesday on March 5th. to Good Friday on April 18th. We are proposing to study another book by Paula Gooder, Women of Holy Week. As with the book, which we studied in Advent, there are nine stories in a similar format. Everyone enjoyed the Advent course, which produced some good discussion, so it seems appropriate to look at Paula Gooder's other book.

The price of the book is in the region of £10.

If you would like to join the course on Zoom, or simply study the book privately, please contact Rachel in the church office, so that we can make up a list and order the right number of books.

A CRAFTY CUPPA – 28 February, 14 & 28 March – 10.30a.m.-12noon. A Crafty Cuppa is a drop-in session for everyone who wants a cuppa and some company. Please do bring your knitting, crochet and sewing, if you would like to. Some organised talks or crafts will also be available for those who prefer to come empty handed. We look forward to seeing you.

REPAIR CAFÉ – Saturday, 1 March – 10.a.m.-1p.m. Come along to SustainableAmersham.org's pop-up Repair Café. Volunteer repairers will help you fix your stuff for free. No appointment required. Free refreshments.

SHROVE TUESDAY – Tuesday, 4 March – 7p.m. DON'T FORGET TO BOOK! You are invited to join the Shrove Tuesday outing to Pizza Express. £14.95 for a starter and main course + tea or any other hot drink. The menu is attached below and will also be available by the pigeon holes with the form to fill in to confirm what you would like to eat. Payments can be made by BACS to PCC St. Michael & All Angels Church; Sort Code 40-24-17; a/c no 22730928, quoting the reference "Shrove Tues" or by cash to the office.

"POP IN AND PAINT" – Friday, 7 March – 10.30a.m.-12.30p.m. Join Jenny Thompson and Liz Grammenos from Simpatico. No experience needed – only enthusiasm and interest. All materials supplied, but you are welcome to bring your own paints. If you prefer, just come along for a chat and watch the proceedings!

WISE CHOICES FILM CLUB— Friday, 7 March — 2p.m.-4p.m — ANOTHER ROUND. Four weary high school teachers embark on a risky experiment to maintain a constant level of intoxication throughout the work day. Subtitles. Running Time: 1hr. 52mins.

FAIR TRADE STALL – Sunday, 9 March – after the 10a.m. Gathered Round Service. The stall regularly offers a range of groceries and seasonal items, with other lines on request. Please come to the stall and support Fair Trade.

MESSY CHURCH – Saturday, 15 March – 11.30a.m.-1p.m. Join us with your children/grandchildren for fun activities, followed by a story or discussion, and a light lunch. The session is free. Donations are welcome.

Activities and Events beyond St. Michael's

LUNCHBREAK – Amersham Free Church – Tuesdays, 4, 11, 18 & 25 March – 12noon-2p.m. - Tea, coffee and soup are available. The church is open for quiet reflection, and from 1.10p.m-1.30p.m. there will be a talk or recital.

AMERSHAM FREE CHURCH MONTHLY LUNCH GROUP - Friday, 21 March - starts 12.15p.m.

The speaker will be Willie Reid, the Chair of the AFC Lunch Group, who will talk about "High Wycombe". Those attending should bring their own packed lunch to the Alfred Ellis Hall in the Amersham Free Church between 12.15p.m.-12.30.p.m. Then at 1p.m. the group adjourns to the Owen Room where those present listen to a speaker. A donation of £3 - £5 is suggested to go towards the cost of hiring speakers.

If you would like any further information, please be in touch with Roland Gillott (roland.gillott@icloud.com or 01494 722674).

THE WORLD DAY OF PRAYER The Amersham Churches welcome all to Amersham Free Church, Woodside Road, Amersham, HP6 6AJ, for a World Day of Prayer Service on **Friday, 7 March at 10.30a.m.** followed by coffee and cake. A Service for Everyone.

On site parking requires car owners to register their car numberplate details on the pad inside the church vestibule.



PIZZ&EXPRESS "



ALL DAY SET M*E*NU

3 Courses 28.95 Club Members 30.95 Non-Club. T&Cs apply

STARTERS

Dough Balls 'PizzaExpress'

 6.95

With our famous garlic butter. Freshly made daily using creamy butter and whole crushed garlic (450 kcal)

Garlie Bread with Mozzarella ®

A perfect prelude to the main course. Topped with delicious garlic butter and melted mozzarella (377 kcal)

Bruschetta Originale 'PizzaExpress' Ø 7.65

Freshly-baked dough topped with our signature garlic butter, fresh tomatoes, red onion and basil & pine kernel pesto (429 kcal)

Chilli Prawns 9.25

Julcy prawns, garlic butter, tomatoes, roasted peppers and chilli flakes with fresh tomatoes, red onion and parsley, served with Dough Balls (435 kcal)

Lemon & Herb Chicken Wings 0

With house dressing dip and parsley (600 kcal)

9.25

Lightly crumbed tender squid rings with Caesar dressing, lemon and parsley (647 kcal)

SALADS

Niçoise 0 16.25

On the menu since '85. The big flavours of tuna, brown anchovies, capers and olives with new potatoes, Cos lettuce, rocket, cucumber, tomato, free-range egg, parsley and house dressing (566 kcal)

Grand Chicken Caesar

Chicken, brown anchovies, Cos lettuce, croutons, Gran Milano cheese, free-range egg and Caesar dressing (711 kcal)

NEW RECIPE Vegan Buddha Bowl 98 16.85

Balsamic roasted beetroot, garlic Tenderstem® broccoli mixed grains, roasted and baby tomatoes, spinach, rocket, creamy houmous and spiced toasted seeds (529 kcal)

ALFORNO

Our delicious, warming baked dishes

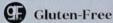
Pollo Pesto 17.45

Our signature pasta dish. Chicken mushrooms, red onions, mozzarella and Gran Milano cheese with penne, béchamel and basil & pine kernel pesto (1075 kcal)

Lasagna Classica 16.95

The ultimate Al Forno dish. Slow-cooked beef, mushroom and tomato ragù, layered with silky pasta, creamy bechamel sauce and Gran Milano cheese (597 kcal)

Spinach and ricotta filled pasta with passata, béchamel mozzarella garlic oil and Gran Milano cheese (757 kcal)



All Romana and Classic recipes can now be ordered on a All Romana and Classic recipes can now be ordered on a gluren-free base and are served with a purple pizza siker. Our pasta recipes (except Chicken Parmigiana, Lasagna and Cannelloni) can be ordered gluten-free and are marked with a gluten-free sicker. If your gluten-free choice does not match the above description, please ask a team member.

The Φ symbol refers to dishes made with measures accredited by Coeliac UK. Gluten-free describes foods that contain gluter at a level of no more than 20 parts per million.

The 1965 original. All Clussic recipes are also available on a Romana base for an extra 1.95

NEW LARGE CLASSIC

Upgrade for just 4.95 extra

You can't beat a Classic, but you can make it bigger

Margherita ® 13.95

The hero here is our passata. It's been lovingly made using 100% Italian tomatoes by the Greci family in Parma since 1987. Truly the taste of PizzaExpress (807 kcal)

American 15.95

On the menu since day one with the finest pepperoni, mozzarella and tomato (933 kcal)

BBQ Burnt Ends 17.00

Slow-cooked beef brisket with a hint of chipotle, BBQ sauce, mozzarella, red onion, roasted tomatoes and parsley (1060 kcal)

American Hot 16.70

We're proud of our pepperoni - it's packed with paprika for a deep, smoky flavour. Here it's teamed up with mozzarella, tomato and a choice of hot green or jalapeño peppers (989 kcal)

La Reine 16.95

The Queen. Ham, black olives, mushrooms, mozzarella and tomato (907 kcal)

Fiorentina Ø 15.95

The one with the 'egg and spinach', plus mozzarella, tomato, Gran Milano cheese, black olives and garlic oil (980 kcal)

Sloppy Giuseppe 16.95

A classic which first appeared on our menu in 1999, updated with a new, tastier recipe. Lightly spiced ground beef, red onion, green pepper, tomato and mozzarella, finished with parsley (961 kcal)

Padana ⊗ 15.90

Goat's cheese, caramelised onions, spinach, mozzarella, tomato, garlic oil and red onions. A feast of tastes and textures (957 kcal)

This pizza on any base includes a discretionary 25p donati to our chosen charity, Nordoff and Pobbins Music Therapy

Pollo ad Astra 16.50

Cajun spiced chicken, red onions, mozzarella, tomato, garlic oil and sweet red peppe really deliver on Southern Swing (953 kcal)

Garlie Prawn 17.50

Prawns with tomato and garlic, mozzarella, red onion and baby plum tomatoes, fresh parsley and a squeeze of lemon (903 kcal)

Funghi di Bosco ⊗ 16.00

Chestnut mushrooms, tomato with garlic, mozzarella and rosemary, finished with parsley and Gran Milano cheese (923 kcal) This pizza on any base includes a discretionary 25p denation to the Veneziana Fund

LEGGERA

With its legendary salud-filled hole in the middle, our Leggera has all the great taste of our Romana pizza but at least a third fewer calories

Leggera Pomodoro 🖭 15.75

An old favourite reimagined; tomato light mozzarella, seasonal tomatoes and fresh basil to finish (573 kcal)

Leggera Vegan Giardiniera 👀

Artichoke, mushrooms, red onion and black olives, with tomato, vegan mozzarella alternative and parsley (585 kcal)

 Suitable for Vegetarians.
 Suitable for Vegans
 Please watch out for stray olive stones and bones. Adults need around 2000 kcal per day. Head Office: PizzaExpress, Building OI, Arc Uxbridge, rson Road, Uxbridge, UBS 1DH.

FAMILY BUNDLE £62

Dough Balls Doppio, Any Two Sides, Any Two Large Classics. T&Cs apply

DESSERTS

Tiramisu 9 8.25

Coffee and Marsala wine give this iconic dessert its kick (507 kcal)

Baked Vanilla

Cheesecake ®

Made with Madagascan vanilla, served with fruit coulis and white chocolate curls (572 kcal)

Chocolate Fudge Cake* ⊗ 8.25

Freshly baked in our pizza ovens, a chocolate lover's dream! (277 kcal). Served with your choice of gelato (114 kcal) or mascarpone (118 kcal)

DOLCETTI

Our mini desserts, served with your choice of

Lime & Basil Sorbet 990 7.65

Zesty lime & basil-flavoured sorbet (72 kcal)

Stem Ginger Cake 980 7.65 Packed with stem ginger and topped with a creamy frosting (266 kcal)

Caffe Reale **©0** 7.65

Sweet figs in a cinnamon and white wine spiced syrup with mascarpone (254 kcal)

BEER & CIDER

Peroni Nastro Azzurro (ABV 5%) 330ml 5.95

Part of the PizzaExpress story, crisp and refreshing with citrus and spicy aromatic notes

Gluten-Free Peroni Nastro Azzurro O (ABV 5%)

330ml 5.95

500ml 7.95

PIZZA

Peroni Nastro Azzurro 0.0

330ml 4.95 (ABV 0%) (76 kcal)

Cornish Orchards

Gold Cider (ABV 5%)

175ml 250ml 750ml 7.45 8.95 24.75

Grecanico Chardonnay

Sicily, Italy (ABV 12.5%)

Fresh with a hint

of tropical fruit

8.45 9.95 28.25 Pinot Grigio Blush

Lombardy, Italy (ABV 11%) Flavours of crushed summer berries

Nero d'Avola Shiraz. 7.75 9.25 26.75 Sicily, Italy (ABV 13%)

Exclusive to PizzaExpress Smooth, soft and medium bodied

TAKEAWAY MENU Scan here to view





ALLERGEN & NUTRITIONAL INFORMATION Scan here to view

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