



St. Michael & All Angels – Church of England 23 February, 2025 – 2<sup>nd</sup> Sunday before Lent

Said Eucharists – Sunday, 8.30a.m., and Tuesday, 10.30a.m.

Sung Eucharist – Sunday, 10a.m.

Morning Prayer in the Lady Chapel – Tuesday, 9.00a.m.

The 10a.m. service will be streamed live, and then be available on

St. Michael's YouTube Channel, <a href="https://www.youtube.com/@stmichaelandallangels/streams">https://www.youtube.com/@stmichaelandallangels/streams</a>

Tea and coffee will be served after the 10.00a.m. service. Please stay if you can.

Hymns for 10a.m.

293 Lead us, heavenly Father, lead us 69 Breathe on me, breath of God 212 Holy, holy, holy 351 Now is eternal life

Readers

Claire and Chris

Collect Alternative Collect

Almighty God, you have created the heavens and the earth and made us in your own image: teach us to discern your hand in all your works and your likeness in all your children; through Jesus Christ your Son our Lord, who with you and the Holy Spirit reigns supreme over all things, now and for ever. **Amen.** 

Almighty God, give us reverence for all creation and respect for every person, that we may mirror your likeness in Jesus Christ our Lord. **Amen.** 

#### Genesis 2.4b-9, 15-end

A reading from the book of Genesis.

In the day that the LORD God made the earth and the heavens, when no plant of the field was yet in the earth and no herb of the field had yet sprung up – for the LORD God had not caused it to rain upon the earth, and there was no one to till the ground; but a stream would rise from the earth, and water the whole face of the ground – then the LORD God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being. And the LORD God planted a garden in Eden, in the east; and there he put the man whom he had formed. Out of the ground the LORD God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil. The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.' Then the LORD God said, 'It is not good that the man should be alone; I will make him a helper as his partner.' So out of the ground the LORD God formed every animal of the field and every bird of the air, and brought them to the man to see what he would call them; and whatever the man called every living creature, that was its name. The man gave names to all cattle, and to the birds of the air, and to every animal of the field; but for the man there was not found a helper as his partner. So the LORD God caused a deep sleep to fall upon the man, and he slept; then he took one of his ribs and closed up its place with flesh. And the rib that the LORD God had taken from the man he made into a woman and brought her to the man. Then the man said, 'This at last is bone of my bones and flesh of my flesh; this one shall be called Woman, for out of Man this one was taken.' Therefore a man leaves his father and his mother and clings to his wife, and they become one flesh. And the man and his wife were both naked, and were not ashamed.

For the word of the Lord: Thanks be to God.

Psalm 65 Response: Happy are they whom you choose to dwell in your courts.

Praise is due to you, O God in Zion: to you that answer prayer shall vows be paid.

To you shall all flesh come to confess their sins; when our misdeeds prevail against us, you will purge them away.

Response

Happy are they whom you choose and draw to your courts to dwell there.

We shall be satisfied with the blessings of your house, even of your holy temple.

Response

#### Response: Happy are they whom you choose to dwell in your courts.

With wonders you will answer us in your righteousness, O God of our salvation, O hope of all the ends of the earth and of the farthest seas.

In your strength you set fast the mountains and are girded about with might.

Response

You still the raging of the seas, the roaring of their waves and the clamour of the peoples.

Those who dwell at the ends of the earth tremble at your marvels; the gates of the morning and evening sing your praise.

Response

You visit the earth and water it; you make it very plenteous.

The river of God is full of water; you prepare grain for your people, for so you provide for the earth. Response

You drench the furrows and smooth out the ridges; you soften the ground with showers and bless its increase. You crown the year with your goodness, and your paths overflow with plenty.

Response

May the pastures of the wilderness flow with goodness and the hills be girded with joy.

May the meadows be clothed with flocks of sheep and the valleys stand so thick with corn that they shall laugh and sing.

Response

#### **Revelation 4**

A reading from the book of Revelation.

After this I looked, and there in heaven a door stood open! And the first voice, which I had heard speaking to me like a trumpet, said, 'Come up here, and I will show you what must take place after this.' At once I was in the spirit, and there in heaven stood a throne, with one seated on the throne! And the one seated there looks like jasper and carnelian, and around the throne is a rainbow that looks like an emerald. Around the throne are twenty-four thrones, and seated on the thrones are twenty-four elders, dressed in white robes, with golden crowns on their heads. Coming from the throne are flashes of lightning, and rumblings and peals of thunder, and in front of the throne burn seven flaming torches, which are the seven spirits of God; and in front of the throne there is something like a sea of glass, like crystal. Around the throne, and on each side of the throne, are four living creatures, full of eyes in front and behind: the first living creature like a lion, the second living creature like an ox, the third living creature with a face like a human face, and the fourth living creature like a flying eagle. And the four living creatures, each of them with six wings, are full of eyes all around and inside. Day and night without ceasing they sing, 'Holy, holy, holy, the Lord God the Almighty, who was and is and is to come.' And whenever the living creatures give glory and honour and thanks to the one who is seated on the throne, who lives for ever and ever, the twenty-four elders fall before the one who is seated on the throne and worship the one who lives for ever and ever; they cast their crowns before the throne, singing, 'You are worthy, our Lord and God, to receive glory and honour and power, for you created all things, and by your will they existed and were created.'

For the word of the Lord: Thanks be to God.

#### Luke 8.22-25

Hear the gospel of our Lord Jesus Christ according to Luke: Glory to you, O Lord.

One day Jesus got into a boat with his disciples, and he said to them, 'Let us go across to the other side of the lake.' So they put out, and while they were sailing he fell asleep. A gale swept down on the lake, and the boat was filling with water, and they were in danger. They went to him and woke him up, shouting, 'Master, Master, we are perishing!' And he woke up and rebuked the wind and the raging waves; they ceased, and there was a calm. He said to them, 'Where is your faith?' They were afraid and amazed, and said to one another, 'Who then is this, that he commands even the winds and the water, and they obey him?'

## This is the Gospel of the Lord: **Praise to you, O Christ.**

#### **Post Communion Prayer**

God our creator, by your gift the tree of life was set at the heart of the earthly paradise, and the bread of life at the heart of your Church: may we who have been nourished at your table on earth be transformed by the glory of the Saviour's cross and enjoy the delights of eternity; through Jesus Christ our Lord. **Amen.** 

#### Forthcoming Activities and Events at St. Michael's

#### \*\*\*\*2025 ELECTORAL ROLL REVIEW\*\*\*\*

The big 6 yearly review of the Roll is happening! Everyone currently on the Roll must reapply in order to be included! Emails with links to the new form will be sent out to everyone on the current Roll, and forms will be sent to those not on e-mail and available to those who would prefer to apply offline.

NOT ON THE ROLL BUT WOULD LIKE TO ENROL? Please speak to myself or Rachel via the Church Office (email: office@stmichaelsamersham.org.uk or Tel: 01494 726680) with your contact details, and we will get a form to you.

Chris Leslie

**Electoral Roll Officer** 

#### LENT COURSE - Wednesday, 12, 19 & 26 March - 7P.M. - On Zoom

This year Lent will run from Ash Wednesday on March 5th. to Good Friday on April 18th. We are proposing to study another book by Paula Gooder, Women of Holy Week. As with the book, which we studied in Advent, there are nine stories in a similar format. Everyone enjoyed the Advent course, which produced some good discussion, so it seems appropriate to look at Paula Gooder's other book.

The price of the book is in the region of £10.

If you would like to join the course on Zoom, or simply study the book privately, please contact Rachel in the church office, so that we can make up a list and order the right number of books.

A CRAFTY CUPPA – 28 February & 14 March – 10.30a.m.-12noon. A Crafty Cuppa is a drop-in session for everyone who wants a cuppa and some company. Please do bring your knitting, crochet and sewing, if you would like to. Some organised talks or crafts will also be available for those who prefer to come empty handed. We look forward to seeing you.

**REPAIR CAFÉ – Saturday, 1 March – 10.a.m.-1p.m.** Come along to SustainableAmersham.org's pop-up Repair Café. Volunteer repairers will help you fix your stuff for free. No appointment required. Free refreshments.

SHROVE TUESDAY – Tuesday, 4 March – 7p.m. SAVE THE DATE! You are invited to join the Shrove Tuesday outing to Pizza Express. £14.95 for a starter and main course + tea or any other hot drink. The menu is attached below and will also be available by the pigeon holes with the form to fill in to confirm what you would like to eat. Payments can be made by BACS to PCC St. Michael & All Angels Church; Sort Code 40-24-17; a/c no 22730928, quoting the reference "Shrove Tues" or by cash to the office.

**"POP IN AND PAINT" – Friday, 7 March – 10.30a.m.-12.30p.m.** Join Jenny Thompson and Liz Grammenos from Simpatico. No experience needed – only enthusiasm and interest. All materials supplied, but you are welcome to bring your own paints. If you prefer, just come along for a chat and watch the proceedings!

WISE CHOICES FILM CLUB— Friday, 7 March — 2p.m.-4p.m — ANOTHER ROUND Four weary high school teachers embark on a risky experiment to maintain a constant level of intoxication throughout the work day. Subtitles. Running Time: 1hr. 52mins.

**FAIR TRADE STALL – Sunday, 9 March – after the 10a.m. Gathered Round Service.** The stall regularly offers a range of groceries and seasonal items, with other lines on request. Please come to the stall and support Fair Trade.

**MESSY CHURCH – Saturday, 15 March – 11.30a.m.-1p.m.** Join us with your children/grandchildren for fun activities, followed by a story or discussion, and a light lunch. The session is free. Donations are welcome.

#### Activities and Events beyond St. Michael's

**LUNCHBREAK – Amersham Free Church – Tuesdays – 12noon-2p.m.** - Tea, coffee and soup are available. The church is open for quiet reflection, and on 25 February from 1.10p.m-1.30p.m. Great Sacred Music.

#### INVITATION TO TAKE PART IN AMERSHAM FREE CHURCH'S MONTHLY LUNCH GROUP

Following the COTHA United Communion Service in January, Amersham Free Church (AFC) has invited us to take part in the AFC Lunch group. The invitation says: "The AFC Lunch group meets on the third Friday of every month, apart from August. The idea is that we bring our own sandwiches/food and sit down in the Alfred Ellis Hall at 12.15-12.30. Then at 13.00 we adjourn to the Owen Room where we listen to our speaker. The talks are varied and usually interesting, and recently we have explored the Arctic, heard about Martin Luther and his reformation, whilst also going on a train journey in America. We suggest a donation of £3-£5 to go towards the cost of hiring speakers.

Our next speaker is Dr. Bob Bradnock, a member of AFC's congregation, an expert, who will talk on 'India Today' on Friday, 21 February.

We would welcome any friends from St Michael's to come and join us for that talk and subsequent talks as well. They should feel free also to bring friends and family.

If you would like any further information, please be in touch with Roland Gillott (<a href="mailto:roland.gillott@icloud.com">roland.gillott@icloud.com</a> or 01494 722674).

#### AMCHOR afternoon concert – Sunday, 23 February

Elijah in a Nutshell - Choruses from Mendelssohn's Elijah, performed by AMCHOR, conductor Nick Austin

Venue: Amersham Free Church HP6 6AJ

3.30pm, doors open 3pm, followed by tea/coffee and cakes

Tickets £10, 16 and under free, available on the door

**THE WORLD DAY OF PRAYER** The Amersham Churches welcome all to Amersham Free Church, Woodside Road, Amersham, HP6 6AJ, for a World Day of Prayer Service on **Friday, 7 March at 10.30a.m.** followed by coffee and cake. A Service for Everyone.

On site parking requires car owners to register their car numberplate details on the pad inside the church vestibule.



# PIZZ&EXPRESS C



## ALL DAY SET M*E*NU

3 Courses 28.95 Club Members 30.95 Non-Club, T&Cs apply

## **STARTERS**

Dough Balls 'PizzaExpress' 

6.95

With our famous garlic butter. Freshly made daily using creamy butter and whole crushed garlic (450 kcal)

Garlie Bread with Mozzarella ®

A perfect prelude to the main course. Topped with delicious garlic butter and melted mozzarella (377 kcal)

Bruschetta Originale 'PizzaExpress' Ø 7.65

Freshly-baked dough topped with our signature garlic butter, fresh tomatoes, red onion and basil & pine kernel pesto (429 kcal)

Chilli Prawns 9.25

Juicy prawns, garlic butter, tomatoes, roasted peppers and chilli flakes with fresh tomatoes, red onion and parsley, served with Dough Balls (435 kcal)

Lemon & Herb Chicken Wings 0 9.25 With house dressing dip and parsley (600 kcal)

Calamari 9.25

Lightly crumbed tender squid rings with Caesar dressing, lemon and parsley (647 kcal)

## **SALADS**

Niçoise 0 16.25

On the menu since '85. The big flavours of tuna, brown anchovies, capers and olives with new potatoes, Cos lettuce, rocket, cucumber, tomato, free-range egg, parsley and house dressing (566 kcal)

Grand Chicken Caesar

Chicken, brown anchovies, Cos lettuce, croutons, Gran Milano cheese, free-range egg and Caesar dressing (711 kcal)

NEW RECIPE Vegan Buddha Bowl 99 16.85

Balsamic roasted beetroot, garlic Tenderstem<sup>1</sup> broccoli mixed grains, roasted and baby tomatoes, spinach, rocket, creamy houmous and spiced toasted seeds (529 kcal)

**ALFORNO** 

Our delicious, warming baked dishes

Pollo Pesto 17.45

Our signature pasta dish. Chicken mushrooms, red onions, mozzarella and Gran Milano cheese with penne, bechamel and basil & pine kernel pesto (1075 kcal)

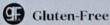
Lasagna Classica 16.95

The ultimate Al Forno dish. Slow-cooked beef, mushroom and tomato ragù, layered with silky pasta, creamy bechamel sauce and Gran Milano cheese (597 kcal)

Cannelloni 

16.95

Spinach and ricotta filled pasta with passata béchamel mozzarella garlic oil and Gran Milano cheese (757 kcal)



All Romana and Classic recipes can now be ordered on a All Romana and Classic recipes can now be ordered on a gluten-free base and are served with a purple pizza siker. Our pasta recipes (except Chicken Parmigiana, Lasagna and Cannelloni) can be ordered gluten-free and are marked with a gluten-free sicker. If your gluten-free choice does not match the above description, please ask a team member.

The  $\Phi$  symbol refers to dishes made with measures accredited by Coeliac UK. Gluten-free describes foods that contain gluter at a level of no more than 20 parts per million.



The 1965 original. All Classic recipes are also available on a Romana base for an extra 1.95

NEW LARGE CLASSIC Upgrade for just 4.95 extra

You can't beat a Classic, but you can make it bigger

Margherita 9 13.95

The hero here is our passata. It's been lovingly made using 100% Italian tomatoes by the Greci family in Parma since 1987. Truly the taste of PizzaExpress (807 kcal)

American 15.95

On the menu since day one with the finest pepperoni, mozzarella and tomato (933 kcal)

BBO Burnt Ends 17.00

Slow-cooked beef brisket with a hint of chipotle, BBQ sauce, mozzarella, red onion roasted tomatoes and parsley (1060 kcal)

American Hot 16.70

We're proud of our pepperoni - it's packed with paprika for a deep, smoky flavour. Here it's teamed up with mozzarella, tomato and a choice of hot green or jalapeño peppers (989 kcal)

La Reine 16.95

The Queen. Ham, black olives, mushrooms, mozzarella and tomato (907 kcal)

Fiorentina Ø 15.95

The one with the 'egg and spinach', plus mozzarella, tomato, Gran Mijano cheese, black olives and garlic oil (980 kcal)

Sloppy Giuseppe 16.95

assic which first appeared on our menu in 1999, updated with a new, tastier recipe. Lightly spiced ground beef, red onion, green pepper, tomato and mozzarella, finished with parsley (961 kcal)

Padana Ø 15.90

Goat's cheese, caramelised onions, spinach, mozzarella, tomato, garlic oil and red onions. A feast of tastes and textures (957 kcal) This pizza on any base includes a discretionary 25p donati to our chosen charity, Nordolf and Pobbins Music Therapy

Pollo ad Astra 16.50

Cajun spiced chicken, red onions, mozzarella, tomato, garlic oil and sweet red peppe really deliver on Southern Swing (953 kcal)

Garlie Prawn 17.50

Prawns with tomato and garlic, mozzarella, red onion and baby plum tomatoes, fresh parsley and a squeeze of lemon (903 kcal)

Funghi di Bosco ⊗ 16.00

Chestnut mushrooms, tomato with garlic, mozzarella and rosemary, finished with parsley and Gran Milano cheese (923 kcal) This pizza on any base includes a discretionary 25p denation to the Veneziana Fund

LEGGERA

With its legendary salad-filled hole in the middle, our Leggera has all the great taste of our Romana pizza but at least a third fewer calories

Leggera Pomodoro 9 15.75

An old favourite reimagined: tomato, light mozzarella, seasonal tomatoes and fresh basil to finish (573 kcal)

Leggera Vegan Giardiniera 🛇 🔊

Artichoke, mushrooms, red onion and black olives, with tomato, vegan mozzarella alternative and parsley (585 kcal)

 $\odot$  Suitable for Vegetarians.  $\odot$  Suitable for Vegans Please watch out for stray olive stones and bones. Adults need around 2000 kcal per day. Head Office: PizzaExpress, Building Ol, Arc Uxbridge, son Road, Uxbridge, UBS 1DH.

### FAMILY BUNDLE £62

Dough Balls Doppio, Any Two Sides, Any Two Large Classics. T&Cs apply

## **DESSERTS**

Tiramisu ® 8.25

Coffee and Marsala wine give this iconic dessert its kick (507 kcal)

**Baked Vanilla** 

Cheesecake @

Made with Madagascan vanilla, served with fruit coulis and white chocolate curls (572 kcal)

Freshly baked in our pizza ovens, a chocolate lover's dream! (277 kcal). Served with your choice of gelato (114 kcal) or mascarpone (118 kcal)

DOLCETTI

Our mini desserts, served with your choice of coffee or tea, make for a perfect sweet ending

Lime & Basil Sorbet 9@0 7.65

Zesty lime & basil-flavoured sorbet (72 kcal)

Stem Ginger Cake 980 7.65

Packed with stem ginger and topped with a creamy frosting (266 kcal)

Caffe Reale **©0** 7.65

Sweet figs in a cinnamon and white wine spiced syrup with mascarpone (254 kcal)

## **BEER & CIDER**

Peroni Nastro Azzurro (ABV 5%) 330ml 5.95

Part of the PizzaExpress story crisp and refreshing with citrus and spicy aromatic notes

Gluten-Free Peroni 330ml 5.95 Nastro Azzurro O (ABV 5%)

Peroni Nastro Azzurro 0.0 330ml 4.95 (ABV 0%) (76 kcal)

Cornish Orchards Gold Cider (ABV 5%) 500ml 7.95

PIZZA

175ml 250ml 750ml 7.45 8.95 24.75

Grecanico Chardonnay

Sicily, Italy (ABV 12.5%)

Fresh with a hint of tropical fruit

8.45 9.95 28.25 Pinot Grigio Blush

Lombardy, Italy (ABV 11%) Flavours of crushed

summer berries

Nero d'Avola Shiraz Sicily, Italy (ABV 13%)

medium bodied

Exclusive to PizzaExpress Smooth, soft and

7.75 9.25 26.75

TAKEAWAY MENU

Scan here to view



**ALLERGEN & NUTRITIONAL** INFORMATION

Scan here to view

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